ARDORMIE FARM COTTAGE



We were absolutely delighted to have achieved a Green Tourism Silver award in February 2023. Achieving this award means we are supported in our sustainability practices, and in our improvement journey by the world-leading sustainability accreditation partner, <u>Green</u> <u>Tourism</u>.

Achieving a Green Tourism award means that our sustainability practices have been assessed and verified by a credible partner. It shows that we have an ongoing commitment:

- to sustainability standards and practices
- to work responsibly, ethically, and sustainably
- to contribute to our community
- to reduce our impact on the environment, and
- to be accessible and inclusive to all visitors and staff.

Green Tourism has assessed our business against 15 sustainability criteria grouped under the pillars of People, Places and Planet. These consider the social, economic, and environmental actions we undertake, providing a holistic assessment of our sustainability performance.

A Silver award is achieved typically, by a business that can demonstrate good practice across our three pillars of People, Places and Planet, but has an action plan of best practice improvements that will enhance the sustainability practices within the business. For us, the Highlights of our assessment were described as follows:

Health & Wellbeing – Strong in all areas of protecting and supporting customers

Experiences - excellent variety of local events and experiences made available to the customers

Chemicals – do not contain unsustainable palm oil or SLS and are paraben free.

Destination - excellent information about local history made available to the customer

Biodiversity - great examples including being part of the local ecological project Braes of Alyth: Wild Cores and Corridors

ACTION PLAN

One area which was noted in our Action Plan was Food & Drink. As a self-catering business we haven't put much emphasis on food and drink! We do, of course, have a section on our website which lists all our favourite restaurants and cafes, but we would like to share with you some of the place where we love to shop which offer a fabulous variety of delicious, local, healthy food and drink.



Perthshire has wonderful produce in the way of fresh fruit and vegetables, wild game and locally produced meat. There are also bakers and cake makers, chocolatiers and whisky distillers so you are in for a treat when you embark on a self catering holiday at Ardormie Farm Cottage.

<u>Peter Marshalls Farms Shop</u> is just outside Alyth and it is such a pleasure to buy freshly picked raspberries, strawberries and blueberries when they are in season. They just taste so much better when they haven't been chilled and transported. We all have to buy extra as

some rarely make it home in the car! This wonderful little farm shop also sells locally produced vegetables, eggs, <u>Wild Hearth Bakery</u> bread on certain days of the week and many more goodies. <u>Denhead Farms</u> just outside Coupar Angus are another great stop and a must during asparagus season. Scottish asparagus in season is a seriously delicious thing.

<u>Mitchell's Newsagent</u> in Blairgowrie is indeed a newsagent but not only do they have an array of plants outside which are difficult to resist, they also double as a Health Food Store with vegan products and separate vegan shelves. <u>Cornerstone Deli</u> is just along the street and they have lots of healthy homemade treats include vegetarian and vegan options on Meat Free Mondays. They also stock Wild Heath Bakery bread, such a treat.

Any farm shop or farmer's market in Perthshire is always worth a visit for locally produced sustainable produce and <u>Grewar's Farm Shop</u> is a firm favourite. If you are in Perth on the first Saturday of the month, check out the <u>Perth Farmers' Market</u> or if you are travelling further afield you might be lucky and pass <u>Taste Perthshire</u> just off the A9. <u>Great Perthshire</u> celebrate many local Perthshire business and also have information on the The Great Perthshire Food & Drink Festival.

<u>Serendipities</u> is a lovely café bringing social and environmental change to the heart of Dundee but you will find <u>Aran Bakery</u> hard to beat and so a trip to Dunkeld is definitely well worthwhile.

Other favourites include: <u>Guardswell Farm</u> <u>Glen Lyon Coffee Roasters</u> <u>Straloch Wild Picnics</u> <u>The Lands of Loyal Hotel, Alyth</u>

